

# Ole Miss Outdoors Fall 2017

Visit [campusrec.olemiss.edu](http://campusrec.olemiss.edu) for more event info and to register online.



## **Kayak Thursdays (Sept 7, 21, Oct 5, 19, Nov 2, 30) 7:00-9:00 p.m**

OMOD Kayak Roll Sessions & Kayak Water Polo - Turner Center - Free events!

Interested in learning how to roll a whitewater kayak, OMOD instructors will guide you through the progression of learning this fundamental skill. If you have a roll then come out and enjoy the time to practice or better yet jump into a game of kayak water polo. Kayaks provided by OMOD or feel free to bring your own.

## **Free Fridays (Sept 15, 29, Oct 13, 27, Nov 10) 4:00-6:00 p.m.**

Rebel Challenge Course (on campus) - Free events!

Want to check ziplining off your bucket list? Free Fridays offer the opportunity to zipline from a point higher than 30 feet. Climb up the vertical wall or ascend across a telephone pole for your zip adventure. All participants must wear closed toe shoes and weigh at least 50lbs for high ropes course activities.

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Sunday, September 10

### **Clinic - Mountain Biking - Clear Creek Trails**

\$30 Student | \$35 Community - Lead by: Emily and Walker

Want to learn the basics of mountain biking? This day clinic is perfect for various levels of bike riders. The clinic will be instructed by our trip leaders, who will take the group on beginner and intermediate bike trails at Clear Creek State Park.

Friday, September 15th - Sunday, September 17th

### **Weekend Backpacking - Foster Falls, TN**

\$130 Student | \$140 Community - Lead by: Emily and Mary Evelyn

Come backpack Foster Falls, a beautiful waterfall, located in South Cumberland State Park. The trails you will be backpacking are ranked in the nation's top 25 trails. The trip requires participants to be in good physical condition.

Friday, September 29th - Sunday, October 1st

### **Rustic Road Trip I - Tuscaloosa, AL**

\$99 Student | \$110 Community - Lead by: Anne Dee and Sarah

Want to travel to away games and have no way to get there?? Let OMOD take you! We are pairing kayaking and football. We will be exploring the outdoor opportunities in the Tuscaloosa area, rain or shine, while finding a location to watch Ole Miss take on our rivals.

Friday, October 6th - Sunday, October 8th

### **Rustic Road Trip II - Auburn, AL**

\$110 Student | \$130 Community - Lead by: Alison and Walker

Want to travel to away games and have no way to get there?? Let OMOD take you! We are pairing hiking and football. We will be exploring the trails that Auburn has to offer, while finding a location to watch Ole Miss take on her rivals.

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Sunday, October 15th

## Day Trip - Paintball

\$65 Student | \$70 Community - Lead by: Mary Evelyn and Alison

Set your sights on a thrilling day of paintball where you get to dodge, jump and maneuver your way through enemy lines in an effort to obtain their flag, without being eliminated. These outdoor courses offer a wide variety of difficulty and obstacles!

Sunday, October 22nd

## Day Trip - Rock Climbing - Tishomingo State Park, MS

\$40 Student | \$50 Community - Lead by: Jacob and Cole

Enjoy a day full of outdoor activities with Ole Miss Outdoors in one of the only places in the state where you can go real rock climbing! We will teach you all of the climbing basics, and explore some of the beautiful trails throughout the park. The trip cost includes round trip transportation, all climbing gear, park entrance fees, and climbing instruction and guide fees. Please bring snacks and personal items!

Tuesday, October 24th - Dusk

## Ghoulow Run - South Campus Rail Trail

\$10 per racer

This fun trail run will take place at dusk on the main rail bed trail, just in time for ghosts, ghouls, and goblins to come out and spook you! Not to worry though, we will outfit you in plenty of glow-in-the-dark gadgets and goodies to keep you safe and seen! Choose the 1 mile fun run or step up to the 5K, if you dare! Kids 10 yrs and older are welcome; please, no strollers or pets due to liability.

Friday, October 27th - 4:00 p.m.

## Candy Climb - Rebel Challenge Course

FREE

Wear a costume and join Ole Miss Outdoors in an evening of rock climbing and free candy. The higher you climb, the better the candy gets! There will be healthy options, if desired. Open to families! All participants must wear closed toe shoes and weigh at least 50lbs for high ropes course activities.

Sunday, October 29th

## Clinic - Standup Paddleboarding - Sardis Lake

\$25 Student | \$30 Community - Lead by: Anna Kate and Nick

Spend the day exploring Sardis Lake via standup paddleboard. This beginner event will go over the basics of paddleboarding and play around in the lake. Various outdoor games will be included too!

Sunday, November 5th - 2:00 p.m.

## Rebel Trail Challenge Adventure Race - South Campus Rail Trail

\$25 per racer - 2 person teams (price increases after 10/15/17)

Are You Ready? We are gearing up for the fourth annual Rebel Trail Challenge, so find a partner and take the challenge – prepare to run, climb, crawl, carry, and get muddy! You and your race partner will run the rail trail and the adjacent bike trails, and navigate obstacles such as the Wall Scramble, Rope Climb, Spider Web, Low Crawl, Jug Carry, and Tire Sprint. There are 7 Divisions, and all racers receive a technical t-shirt.

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Sunday, November 12th

## **Day Trip - Intro to Mountain Biking - South Campus Rail Trail**

\$15 Students | \$20 Community - Lead by: Emily and Walker

Want to learn the basics of mountain biking? This day clinic is perfect for various levels of bike riders. The clinic will be instructed by our trip leaders and a ride down the main rail bed follow. For more of a thrill, stick around for rides on the bike trails!

Sunday, November 12th

## **Day Trip - Indoor Climbing at High Point - Birmingham, AL**

\$50 Students | \$60 Community - Lead by: Jacob and Cole

From beginners to experts, all are welcome to join Ole Miss Outdoors as we spend the day at the newest climbing gym in the South. Whether you are looking to conquer your fear of heights or interested in trying out a new sport, OMOD trip leaders will guide, instruct, and support you all the way. This brand new gym features auto-belay climbing as well as top rope and lead climbing, as well as a huge bouldering area, so all levels of climbers are supported. Climbing shoes and harness rental included.

Tuesday, November 14th - 4:00 p.m.

## **Harvest Hunt - The Grove**

\$10 per racer - 4 person teams

This relay race will have participants hunting for clues hidden around campus; find your clue, bring it back to the Grove, tag your teammate. Sounds simple? It is, but it's fun. Each runner will cover approximately 1 mile of terrain.

December 9- December 17

## **Wilderness First Responder Certification - Turner Center**

\$550 Students | \$600 Community

SOLO's Wilderness First Responder (WFR) course is the recognized industry standard for those who work as backcountry trip leaders, camp counselors, mountain guides, river guides, and ski patrollers. The WFR is the perfect course for anyone working in a position of leadership in an outdoor setting or for individuals who want a high level of wilderness medical training for personal backcountry trips or expeditions.

January 14th - January 21st

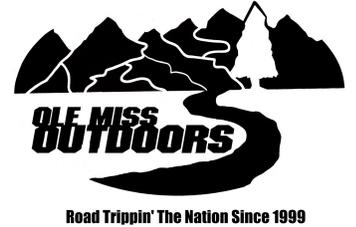
## **Dogsledding - Ely, MN**

\$600 Student | \$650 Community - Lead by: Alison and Francis

You'll have the time of your life as you pass through the picturesque North Country with a team of hearty Alaskan Husky sled dogs out in front of you, having as much fun as you are! Located near Ely, Minnesota, a special little town known far and wide as the Gateway to the Boundary Waters Canoe Area Wilderness in the Superior National Forest, as a guide will provide exciting dog sledding adventures. It's the trip of a lifetime!

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## Adventure Trip FAQ's

*What is included in the trip cost?* The trip cost is all-inclusive\*. We will provide you with roundtrip ground transportation, meals, all gear rentals, camping fees, and guiding fees. The only things you need are clothes and snacks! \*unless otherwise noted in the trip description.

*Do I have to provide my own transportation?* No, all trips include roundtrip ground transportation\*. OMOD owns vehicles that we will drive to and from the location. \*unless otherwise noted in the trip description.

*What time do we depart Oxford and when do we return to Oxford?* The weekend trips will leave Friday afternoon once everyone is done with class, preferably before 4 pm. Since we drive to our locations, we want to make sure we are not getting there too late, but we are willing to work with everyone! Weekend trips arrive back in Oxford on Sunday around 7 pm generally, but again, we can work with you if you have to be back for a reason. Sunday trips leave around 8 am and arrive back around 7pm. The trips leaders will discuss departure/arrival times at the pre-trip meeting.

*How do I register and what happens after I register?* You may register online by visiting [campusrec.olemiss.edu](http://campusrec.olemiss.edu) and clicking "outdoors" tab. You may also visit the OMOD office in Turner 110 during regular hours. All trips will have a pre-trip meeting the Tuesday before it goes out. The trip leaders (whose names are on the trip info sheet) will contact you beforehand to remind you of the time and date. At that meeting, they will go over the itinerary, departure/arrival times, and other crucial info. Also, you are encouraged to contact them at any time with questions about the trip.

*Do I need to have my own gear to come on trips?* No, OMOD provides all technical gear for all of our trips. For more information, please visit our website [campusrec.olemiss.edu](http://campusrec.olemiss.edu) or stop by our office in Turner Center 110.